
RECORDS LD Championship
SC Meters-Female

12 & U	200 Free	2:31.40	30-Oct-05	EHNX	Fiona Plain at Long Distance Championships
	400 Free	5:09.50			Carolyn Hawkins 1985
	200 Back	2:47.57	29-Oct-06	EHNX	Adrienne Hudson at Long Distance Championships
	200 Breast	2:54.27	30-Oct-05	EHNX	Jennifer K. Dobson at Long Distance Championships
	200 Fly	2:42.01	30-Oct-05	EHNX	Jennifer K. Dobson at Long Distance Championships
	400 IM	5:30.28	30-Oct-05	EHNX	Jennifer K. Dobson at Long Distance Championships
13 & O	200 Free	2:11.86	1-Oct-11	EHNX	Joanna L. Whitelaw at East Lothian Distance Championships
	400 Free	4:45.90			Carolyn Hawkins 1989
	200 Back	2:32.15	23-Oct-99	EHNX	Tia Hastie at Long Distance Championships
	200 Breast	2:48.94	1-Oct-11	EHNX	Joanna L. Whitelaw at East Lothian Distance Championships
	200 Fly	2:35.42	11-Oct-09	EHNX	Joanna L. Whitelaw at East Lothian Distance Championships
	400 IM	5:26.91	11-Oct-09	EHNX	Amber J. Whitelaw at East Lothian Distance Championships

RECORDS LD Championship
SC Meters-Male

12 & U	200 Free	2:21.70			Paul Lindsay 1990
	400 Free	4:59.90			David Mark 1990
	200 Back	2:46.60	1-Oct-11	EHNX	Charlie Smith at East Lothian Distance Championships
	200 Breast	3:01.76			Neil Lowe 1993
	200 Fly	2:47.87			David Mark 1991
	400 IM	5:40.90			Paul Lindsay 1990
13 & O	200 Free	2:02.79	30-Oct-05	EHNX	Jason Sluman at Long Distance Championships
	400 Free	4:26.09	1-Oct-11	EHNX	Finlay W. Williamson at East Lothian Distance Championships
	200 Back	2:24.02	23-Oct-99	EHNX	Chris Hall at Long Distance Championships
	200 Breast	2:37.40			Mark Kelly 1988
	200 Fly	2:14.47	11-Oct-09	EHNX	Bruce Halloran at East Lothian Distance Championships
	400 IM	4:55.66	11-Oct-09	EHNX	Bruce Halloran at East Lothian Distance Championships